

Central Girls Academy Matchday Programme

Central Football Academy

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Central SWPL will finish the season with 3 games on the road, Aberdeen, Hearts and Glasgow Girls. Central would like to take this opportunity to thank Alloa FC for their support throughout the season and a special mention to Joyce in the café. Also to you the fans whatever your allegiance in coming out and supporting women's football.



FITZSIMONS
CHARTERED ACCOUNTANTS

TEAM SPOTLIGHT

Central Legends under 13's

Honours: 2018 so far:

League Cup: 2018

League Championship: 2018

Kelpies Cup/ Holytown Shield/ Cumbernauld Cup/ Linlithgow Invitational Trophy

In a season where they Legends were meant to establish themselves for next season they have simply been fantastic. With their 100% league championship campaign, they were a class act, their unbeaten run has continued into the Performance League post summer. Tournaments performances have saw the girls lift 4 trophies, also a semi finalist and finalist in 2 other events. The Scottish Cup ran out of steam in the 1/4 finals however their focus on more silverware is resolute. Today they faced Central 13's in the League Cup final and in an exciting well played game the girls added another cup to the growing collection at the Inchyra clubhouse, 2019 is looking bright for this side.



imagine... believe... achieve...



edition 9
23rd Sept 2018
SWPL 2



Inside the
'Centre'

- Bootroom news
- Season in Pictures
- Meet the Legends
- Stats, tables and standings

SCOTTISH FA QUALITY MARK



Welcome to Indodrill Stadium for our final home game of the season, let's hope that the teams put on an entertaining game for all. Our last meeting with EUHV resulted in a heavy victory for the visitors however they played our youth team.

In an extraordinary move EUHV refused to move the tie to accommodate our Scotland called up players, the rules do not allow for u17's Internationalists to postpone a game, despite appeal to the Scotland manager who suggested the appeal to EUHV it fell on deaf ears, we withdrew our regular players and our youth team played, ensuring that their victory was shallow, as was their goal celebrations and social media posts. With the demise of Aberdeen's challenge EUHV are now safe and the game was not so important, heads are held high by one side of this fixture. Time has a way of sorting wrongs... time will tell.

EUHV Scottish Cup run came to an abrupt halt on Sunday when they defeated against current holders' Hibs, with nothing to play for in the remaining fixtures EUHV will be looking to next season, who are splitting one side University or Hutchie will meet the entry criteria for the league and will play in the SWPL.

Motherwell season of triumph continues when a 1-0 win over St Johnstone saw them progress to the Scottish Cup semi-finals, their

luck continued in the draw when they missed facing Hibs Scottish Cup holders and Glasgow City League champions, all be it an ideal draw they still have to navigate past SWPL 1 Spartans before they can take centre stage and achieve a double of league champions SWPL 2 and the Scottish Cup 2018, we wish the well on their fairy tale season.

Hearts and Kilmarnock will be fighting it out for runner's up spot and this weekend may give one of the clubs the advantage when they face each other in the capital. St Johnstone will be an interested party but face a difficult tie v Glasgow Girls. The 6pts behind Kilmarnock maybe a touch too far however they face each other on the 21st October which could be an important game.

Aberdeen season is over, due to a rule breach which has cost them 9pts, although may be subject to an appeal the punishment has hit them hard and after a resurgent post summer campaign this is a tremendous blow to the club. We don't have specific details on the point deduction, but something to do with a dual contract player and trialist registration. The Dons will do well to take anything from the Motherwell home game this weekend, however they did hold the league champions to a draw back in June. Finally, Glasgow Girls will be relieved to see the sanction put on Aberdeen, in a season that promised so much... little has happened for them, they'll be a club who will look forward to next season and put 2018 firmly behind them.

BABERTON SOLUTIONS
Building & Interiors



With the introduction of entry criteria to play in the SWPL from next year, many clubs will be looking at their structures and trying to make sure it meets the new guidelines. It is an interesting development and one which has been mooted for some time now, but the document is out and all clubs have until the 30th September to act, evidence and present their documents to be scrutinised by the SWF management. Central are a relatively new club, established in 2014, during which time have done very well and although their place in the SWPL is under threat the production of these entry conditions may indeed act as a lifesaver. Of course do they deserve to keep their SWPL spot, given that they have only amassed 8pts it would be hard to argue that staying in the Premier League would be a good thing. However let's dig a little deeper and see what is actually happening.

Senior men's clubs swamped existing clubs and a ready made section was in place, meeting the criteria, for some this was a full embrace for others more of a tick box exercise.

Senior men's clubs were now appearing in the top flight of women's football and remains so today. I accept that senior clubs were in existence prior to this period, Kilmarnock were always there, however Rangers, Celtic as expected jumped on the bandwagon, and a short cut to success, they were not alone.

This latest development of entry criteria will no doubt enhance the playing and watching experience and set out what is a high standard in all areas, for most this will be a difficult process however most will make it, the interesting element here is how stringent the SWF will be in their implementation of their own criteria...

If the application is as high as the standards required I have no doubt that this will be the dawn of a new age in Scottish women's football, and one we at Central herald.

Is this because it may save Central? if teams don't reach the criteria well maybe, however given that Central started with a youth programme and developed through to senior, surely this is exactly the model the SWF hierarchy want from us all. Player development from a young age, playing within a grassroots structure that continues to challenge and develop the player throughout their journey from 4 a side to 11 a side, eventually into a senior side which competes at the highest level. Teams throughout Scotland that can compete at the highest standards and not squashed into a couple of super clubs. Of course if this is the model then the SWPL will evolve and SWPL leagues will increase in size to accommodate and more distributed talent pool, but that is down to the SWF to ensure that clubs such as Central are protected by ensuring that all standards must be met.

Teams such as Stirling University and Edinburgh University have nothing in terms of a youth programme. Stirling have tried to link up with local youth clubs so they can tick the box, failed attempts with Falkirk Ladies and Tullibody a while back and currently with Riverside. I don't know what the current situation is but considering that their SWFL side have spent a large part of the season without a coach it'll be difficult to envisage that a Riverside link up with be nothing more than a flag of convenience. Edinburgh University after 1 season have announced that they are cutting their ties with Hutchison Vale, given the new criteria to stay in the SWPL Edinburgh University should have a full youth pathway installed, or maybe it is Hutchison Vale that will take their position in the SWPL, clearly 'Hutchie' would be able to provide the pathway, and would meet the recommended entry criteria.

Other clubs may well fall into the same category, but that's not for Central to worry about they need to make sure that they meet all the specifications and are ready to take their place be it in the SWPL or in the SWFL if they don't reach the top 16 clubs. However Central always looked at the player and spectator experience and have played at Alloa FC during their time in the SWFL and that is set to continue, the structure is in place and in many aspects Central go beyond the minimum levels, they developed from youth a team that graced the SWPL and let no-one tell you otherwise they were an outstanding side with a skill level that was the envy of many, Central's Scotland players were testament to what they were achieving, but as a player focused club they fell at the age and physicality hurdle. Players may have lost their direction in the Central programme and decided to go elsewhere, to pursue new success instead of believing that maintaining the allegiance to the club that put them on the map in the first place, was worth investing in.

Central have looked long and hard at what happened this season to their 'bunch of kids' and although disappointed that when things got tough 'they' bailed out, but I honestly believe that the team was good enough, despite their years, remember no player was over 18, that they could have at least established themselves in the higher levels of Senior football. However this wasn't to be and with their bunch of medals and Scotland caps they'll maybe look back on a team that could have been a major force. Central have learned as a club that player loyalty cannot be counted on, however there are players at the club who fall into that category and this is our legacy. Central are in for the long term not the short fix, and for those who went to pastures new you benefited from that policy, I hope you see it at your new clubs, not that you consider it's that important... ultimately if the entry criteria is to support clubs like Central then it can't be a bad thing.

Stats, facts and other football stuff

1	Motherwell FC	17	15	1	1	77	15	62	46
2	F.C. Kilmarnock	17	9	3	5	34	22	12	30
3	Hearts FC	17	9	3	5	30	20	10	30
4	St Johnstone	17	8	3	6	33	31	2	27
5	Glasgow Girls FC	17	7	3	7	33	42	-9	24
6	EUHV	17	5	5	7	41	42	-1	20
7	Aberdeen F.C	17	2	2	13	17	47	-30	8
8	Central Girls	17	2	2	13	24	70	-46	8

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Around the Academy... The 11's are working extremely hard and their results and performances are reflective of their efforts, a special squad who are up there with any of the successful sides of previous years, their future is something very much to look forward to, if you get the chance to watch them play please do. The Futures are in good shape in the Regional League with a win yesterday of local rivals Falkirk. The Legends are well documented elsewhere in this edition. The 15's C have found the Regional League tough however as a mostly 1st year side the benefits will come next season. They showed great potential and determination in their 4-4 against Pollock. The 15's Academy are still in the title hunt and with back to back 6-0 wins v Hearts and Jeanfield, they have ensured a top 4 finish although will look to give the title a good challenge.



Kate, Scotland captain v Poland joins Central's Sam, Kirstie and Leah in leading out their country



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Date	Opponents (Bold home)	Score		Scorers
		Opponents	Central	
28-Jan	Boroughmuir (F)	0	9	Morgan 2 Naomi 2 Kim Kate Monica Jade Ellie
4-Feb	Hearts Dev (F)	0	5	Ellie, Monica, Niamh, Chelsea Kim
11-Feb	St Johnstone	1	3	Kim 2 Abby
18-Feb	FC Kilmarnock	2	1	Abby
25-Feb	Stirling Uni SPL Cup	3	2	Naomi Chelsea
11-Mar	Motherwell FC	3	1	OG
05-Apr	West Virginia ODP(F)	2	4	Abby Chelsea Zoe Jade
15-Apr	Hearts	4	3	Naomi Ellie Abby
22-Apr	Glasgow Girls	3	2	Morgan 2
06-May	St Johnstone	1	1	Naomi
08-May	FC Kilmarnock	1	2	Chelsea
13-May	Aberdeen	2	2	Kim Ellie
27-May	Motherwell FC	7	1	Kim
03-Jun	EUHV	2	0	-
20-Jun	Aberdeen	1	4	Naomi 3 Ellie
24-Jun	Hearts	4	1	Ellie
05-Aug	Glasgow Girls	7	2	Kate, Monica
10-Jun	EUHV	12	0	-
19-Aug	St Johnstone	6	0	-
26-Aug	FC Kilmarnock	4	1	Zoe
09-Sep	Motherwell FC	9	0	-
23-Sep	EUHV	<i>Naomi Welch</i>	6	2
		<i>Ellie Kane</i>	4	2
30-Sep	Aberdeen	<i>Kim McAlpine</i>	4	2
21-Oct	Hearts	<i>Abby Callaghan</i>	3	1
28-Oct	Glasgow	<i>Chelsea McEachran</i>	2	2
		<i>Morgan Cross</i>	2	2
		<i>Monica Anderson</i>	1	2
		<i>Zoe Young</i>	1	1
		<i>Kate Nicholson</i>	1	1

Inside the Bootroom

Central SWPL season has progressed poorly since the summer, however we are in the midst of a rebuild and although we still have 4 games of the season still to play we are very much building towards next season. The spectre of relegation looms large we are too far behind today's visitors to escape although mathematically it may be possible, however we are realistic in our plans and although the SWPL Entry Criteria may produce a different look to new seasons SWPL we cannot depend on it. What we have achieved is to have introduced many of the 16/17's into the SWPL and although most play with the 15's the experience in the long term will be valuable. Training from the youngsters has been excellent and we are seeing a great desire to do well and work hard at their game.

Today's squad includes Laura (Mo) Thompson and Adele Paterson, very experienced players who will add that suave to the team, both formerly played with Dibs at Stenhousemuir and Falkirk, he said 'Mo and Adele's experience is vital to the team going forward' he added 'Mo was a youth internationalist, and although that was a while ago she has always had a wand of a right leg, which is capable of opening up any defence'. On Adele Dibs went onto say '(she)...will add some backbone to the side, uncommon promising central player who expects 100% effort from everyone'. The girls will feature today and although lack of match fitness they will be given a good run out.



Scotland Under 16's recent trip to Poland saw Kate Nicholson not only pull on the navy blue strip but also the captain's armband. For Kate who is also captain of the Central Academy 15's this has been a tremendous season and with her call up and added to the SWPL Central team she is gained great experiences in every format. Kate enjoyed a call up to Scottish Schools and CYP Scotland, Kate joins 3 other Central players who have captained our country, a tremendous honour indeed. Kate is facing a late fitness test for today's game after a ankle knock while with Scotland.

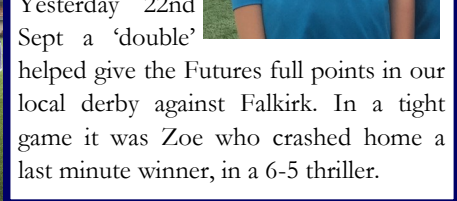
Central Girls Football Academy Pictures from around Central Academy



Meet Our Mascot...

for today's match EUHV

Zoe Johnston is our mascot today, she plays for the U13's Futures, Zoe has struggled with an injury this season however is well on the road to recovery. Yesterday 22nd Sept a 'double' helped give the Futures full points in our local derby against Falkirk. In a tight game it was Zoe who crashed home a last minute winner, in a 6-5 thriller.



Honours	League Championships	Scottish Cup	League Cup	Tournament wins
2017	SWFL Div 1 U15's Regional	U17's 1/2 final	U15's winners	17's Disney International Cup 12's Huddersfield Cup & 13's Ayr Cup
2016	U17's League U13's League	U17's 2nd	U13's winners U17's 2nd	New Balance Cup 1st U17's Glasgow Cup & ACES U17's & U16's
2015	SWFL Div 2 U15's Performance & U13's Performance	U15's Winners	U15's winners U13's winners	New Balance Cup 1st



Central News (Cup Final Special Report)

Central 13's section faced each other earlier today 23rd Sept in the Regional League Cup final at Broadwood Stadium, Cumbernauld, home of Clyde FC. The 13's and Legends have faced each other once this season when drawn against each other in the last 32 of the Scottish Cup, on that occasion the Legends progressed. The Legends went on to reach the 1/4 final of the Scottish Cup and although disappointed they were focused on today's final, hoping to add more silverware to their season. They are League Champions 'Fiona Brown 1', as well as 4 tournament trophies. The 13's have come together for today's final, with the team moved up to the 15's squad in preparation at the summer, for next year transition to 11 a sides. Whatever the result Central will have one of the major trophies of the season and to have both finalists is a great achievement...well done everyone involved.



Road to Final:

Central 13's—3-2 Futures: 3-2 Falkirk: SEMI FINAL 6-4 *det* Wishaw

Legends—2-1 Gartcairn: 3-0 *w/o* Clydebank: SEMI FINAL 3-0 Gartcairn

CENTRAL 13's 2 v 3 CENTRAL LEGENDS

Match Report

Squad 13's—Aurora, Ciara, Leah, Lucy F, Libby, Harriot, Daisie, Keely, Lucy M.

Legends - Gemma, Astrud, Sophie, Kayla (c), Jo-Anne, Grace, Olivia, Lexi, Kelise, Ceit

The Legends started the brighter however the 13's were pushing hard to close down space and limiting the Legends passing game. It was the Legends who opened the scoring when Lexi scored from close range, the goal motivated the 13's and they started to get a grip of the game and it was no surprise when they equalized with the midfield caught out. The Legends started to impose their game and when Lexi scored the goal of the match it looked as if the Legends would be able to pin the 13's back. However a break just on half time caught out the Legends and the superior pace allowed the 13's to bear down on goal leaving Gemma no chance in goal. The half time whistle blew leaving game finely poised at 2-2.

The 2nd half saw a more resilient Legends and the tactic paid off, as the game was more in the 13's half with tired legs throughout the pitch. A series of corners eventually rewarded the Legends when Jo-Anne was to hit home at the back post unmarked, a rare lack of concentration for the 13's. The game started to open up and although the Legends enjoyed the territorial stats the 13's always looked a threat on the counter. The final 10 minutes saw good chances at both ends, and maybe the best fell to the 13's a more composed Harriot should have done better when Gemma miskicked a ball straight to her, however hit wide, later Gemma pulled off a great save when Kayla was stretched leaving a one on one however the save was top drawer. Aurora in the 13's goal was also on hand to make important saves none more than from a deflected Kelsie shot which should have been impossible to save. A super final all in, great for the neutral, just deserved by the Legends. The teams were a credit to the club in a well contested final, the parents were fantastic throughout with loads of encouragement from both sets. Of course there had to be a loser however every girls out there was a winner and the Academy is extremely proud of your efforts through the whole campaign and the final itself.