

Central Girls Academy Matchday Programme

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Central Girls 4—1 Aberdeen

Naomi (3) Ellie

Central secured their first home win of the season with a late late show v Aberdeen, despite dominating the 1st half a single goal lead was sparse reward for the chances made. The second half saw a more spirited performance from the Dons however a steely resistance was put up by the girls and although the Dons equalised there was always more goals in the game, then as the last few minutes Morgan broke free and was upended, Ellie scored the resulting penalty, with the visitors effected Naomi was to end the game with 2 superb finishes to complete her hat-trick and complete an important result which sees Central move into 7th spot.



Katie Andrews and Abby Meikle made their debuts tonight, Katie stepping between the sticks showed good composure.

Hat-trick hero Naomi

USA BOUND
Morgan Kim
Ellie and Shaney

imagine... believe... achieve...

Central Girls Academy Matchday Programme

VIEW FROM THE CENTRE

Falkirk Council - Club of the Year 2018

£1

edition 5
24th June 2018
SWPL 2



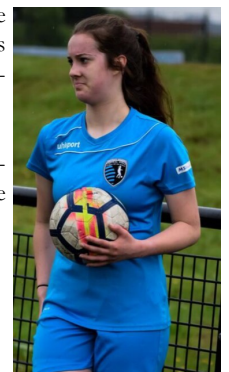
7th place. Elsewhere Hearts were to lose to league leaders Motherwell however won't be too effected by the expected result. Second placed Kilmarnock drew their third game of the season away to stumbling Glasgow Girls who recent form must

Today we welcome Hearts to Indodrill for our SWPL 2 league match. With the final game before the summer break both teams will be looking to sign off with a victory. With our first match up producing 7 goals there is no reason to doubt that goals will be scored again today, so looks like another goal fest again today.

frustrate the coaching staff, similar picture at St Johnstone they saw off Glasgow last week and lost midweek to the resurgent Edinburgh Uni Hutchie Vale 4-0, the capital side have picked up 8pts in the last four outings. The fact remains that this is a competitive league and all sides look capable of picking up a win for any of the others, Motherwell's experience may give them the edge however for the rest it's proving to be an exciting league.

Thanks to all our sponsors for their invaluable support of the club.

Central fresh from their midweek win against Aberdeen will be buoyed from the result, which saw them move off the bottom of the table into



Inside the 'Centre'

- Sending Stars to America
- Notes on Hearts
- News from the Bootroom
- Stats, tables and standings
- Central Player Spotlight

SCOTTISH FA QUALITY MARK



Celebrating Success

Central will wave a fond cheerio to 4 girls after today's game as the move onto their next chapter in their life. The girls are heading to the USA to start scholarships, 3 different Universities in different states. Exciting times for them and maybe like watching a child leave home we are excited for them but we will miss them all madly. As a club Central have always promoted the player and worked hard behind the scenes to maximize their opportunities and for these four girls opportunity doesn't come any bigger. Central will follow the girls closely and look for regular updates on their progress, strong in the belief that by focusing on them then the club will benefit in the long term, by our supporting and encouragement we hope that the first port of call for the girls when they return will be Central, by then they'll have their chosen degree and been on a football development programme which would have been second to none.

Interestingly speaking to other coaches their take on the scholarships is somewhat different, maybe more of a self preservation or at the least a team impact decision I simply can't see it, why would you not look at the child first and deal with it...for those coaches that don't see the sense in going to the US surely couldn't have been, or it didn't work. For themselves Yes! Of course we are sitting with slight worry going into the summer and as a club we have big boots to fill in terms of replacing the girls, each are simply quality acts and where we will replace it is impossible to believe that we could ever regain the synergy that this team have, yes it is sad when we look at the team itself, but the wider picture is our commitment. We will create a new synergy and continue to develop our own players, and like our US bound girls we will take pride in them wherever they play. The girls have avoided the Smallville UK the promise from the bigger clubs and the dramatic development they'll receive and playing the big games, yeah whatever... they have seen through their promises and they have made truly life changing decisions. Moving to a SPL side is as high as it gets for some blinded talented youth.

Morgan Cross - University South Alabama
Morgan caught the eye of the college coaches during her performances at the Disney International Cup 2017, Morgan was top goalscorer at the tournament and went on to win the title with Central. Electric pace is Morgan's secret weapon and without doubt she is going to cause major problems for the USA college opponents. Morgan from Dunfermilne joined Central in 2014 within her first season won the treble and became a Scotland regular, has recorded a hat trick at international level, a feat she has repeated many times at club level. A loss to the team, like all the girls heading to the States of course, but we wish her every success and given her commitment to play with a top side, her choice of Uni takes her to one of the top 50 sides in the USA. We will watch her progress from afar and know that she will continue to dazzle defences with her pace and goal scoring ability.



Ellie Kane - University South Alabama
Ellie joins Morgan in South Alabama and what a combination they'll be, the current side has another Scots lass playing and she is certainly happy to see both our girls coming in. Ellie has been a tremendous servant for Central winning the domestic treble in 2014 as captain, she showed great leadership especially in the League Cup final that year when the girls had to come from behind twice to win the cup. An internationalist at 16's 17's and 19's Ellie has made the decision to head to the States and in some ways this is a brave decision, possibly turning her back on Scotland however she will no doubt continue to be a major force for whatever side she plays with and looking forward she must be a potential 1st team internationalist of the future. Losing the captain is a blow however Ellie should take this opportunity she simply has earned the right to get on the plane and they'll be no stopping her.

Stats, facts and other football stuff

1	Motherwell FC	12	10	1	1	40	31
2	F.C. Kilmarnock	12	6	3	3	6	21
3	St Johnstone	12	5	3	4	-5	18
4	Glasgow Girls FC	12	5	2	5	-7	17
5	Hearts FC	12	4	3	5	-2	15
6	EUHV	11	3	4	4	-9	13
7	Central Girls	11	2	2	7	-8	8
8	Aberdeen F.C	12	2	2	8	-15	8

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Our Visitors — *Hearts*



Hearts are an established SWPL2 side and have enjoyed top 3 finishes in recent seasons, the capital side. Recent Scottish Cup win v Glasgow Girls showed a great performance although a midweek loss to Motherwell wouldn't have been viewed as too much of a set back. The Hearts side were originally Musselburgh Girls in 2009 becoming Hearts Ladies then changing their name to Hearts Women FC in 2018.

Kim Bothwick team captain and former Scottish youth player is part of the squad

The 10's were finalists in the Skem/Liverpool Cup beaten on penalties a fantastic effort and great to watch, most will be disappointed that the football side lost out in the end, great effort though. The 12's were similar great football but were out muscled out at the semi final stage, conceding only 1 goal in the competition was again a hard result to take, however a lesson for the future, this was the 1st time the girls played 9 a side so a new challenge met, by this talented bunch of girls.



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ATN are our website and programme sponsors.

Central would like to thank the following companies for their support of the club:

ATN (website and match programme)

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We would like to invite any potential sponsors to pick up our 'Sponsorship Opportunities' brochure. See staff.



Central Girls Football Academy SWPL Fixtures season 2018

Date	Opponents (Bold home)	Score		Scorers
		Opponents	Central	
28-Jan	Boroughmuir (F)	0	9	Morgan 2 Naomi 2 Kim Kate Monica Jade Ellie
4-Feb	Hearts Dev (F)	0	5	Ellie, Monica, Niamh, Chelsea Kim
11-Feb	St Johnstone	1	3	Kim 2 Abby
18-Feb	FC Kilmarnock	2	1	Abby
25-Feb	Stirling Uni SPL Cup	3	2	Naomi Chelsea
11-Mar	Motherwell FC	3	1	OG
05-Apr	West Virginia ODP(F)	2	4	Abby Chelsea Zoe Jade
15-Apr	Hearts	4	3	Naomi Ellie Abby
22-Apr	Glasgow Girls	3	2	Morgan 2
06-May	St Johnstone	1	1	Naomi
08-May	FC Kilmarnock	1	2	Chelsea
13-May	Aberdeen	2	2	Kim Ellie
27-May	Motherwell FC	7	2	Kim, Abby
03-Jun	EUHV	2	0	-
20-Jun	Aberdeen	1	4	Naomi 3, Ellie (p)
24-Jun	Hearts			
05-Aug	Glasgow Girls			
08-Aug	EUHV			
19-Aug	St Johnstone			
26-Aug	FC Kilmarnock			
09-Sep	Motherwell FC			
23-Sep	EUHV			
30-Sep	Aberdeen			
21-Oct	Hearts			
28-Oct	Glasgow Girls			

ALL GOALSCORERS (league/cup with friendlies brackets)		in
<i>Kim McAlpine</i>	4	(2)
<i>Abby Callaghan</i>	4	(1)
<i>Morgan Cross</i>	2	(2)
<i>Naomi Welch</i>	6	(2)
<i>Ellie Kane</i>	3	(2)
<i>Chelsea McEachran</i>	2	(2)
<i>Monica Anderson</i> <i>Jade Lockie</i>	0	(2)
<i>Kate Nicholson, Niamh Scott,</i> <i>Zoe Young</i>	0	(1) each

Inside the Bootroom

Inside the Bootroom will give an insight to behind the scenes at Central SWPL team with latest news and stories straight from the coaches and players themselves.

Central's win against Aberdeen midweek was an important milestone for everyone at the club, the girls have produced good performances for a number of the games and a lack of goals at key times has inevitably come back to hurt us, however 3 goals at the end of the game were just reward for an excellent performance, the mix of class and grit was needed when the opposition through everything at us we have been found wanting, but we were to come through with flying colours and with the result seeing us leap frog Aberdeen in the league to 7th place and keeps us in touch with the safety zone of 6th place.

Squad wise no injury worries going into the game, but Chelsea, Megan and Sarah remain unavailable, with a starting line up likely to remain the same for today's game.

With some of the players leaving Central to take up their USA scholarships after today's game we have given up some bootroom news to celebrate their time with Central...

Shaney McCabe - Wyoming University

Shaney arrived at Central in 2014 and has been a major force for us ever since, after losing to us in the Scottish Cup semi final she took the bold step of asking to sign for us and I can honestly say it was a fantastic signing for us and I'm sure a life changing move for Shaney capped at 16's, 17's and 19's for Scotland, won every domestic trophy with Central, the 'ginge' from Dundee has simply been a fantastic servant to Central from the first day she pulled on the strip and will be today when she pulls it on for the last time (until she moves back from the States) today. Shaney is moving to one of the mid-west-northern states and we have no doubt she'll be a fantastic player for them, we will miss her around the place that's for sure.

Kim McAlpine - Carson and Newman, Tennessee

Kim well the place will be a lot quieter once Kim heads over the Atlantic, and although we always wanted her to keep quiet I know we'll miss her confidence and her loudness... Kim has been at Central forever and has a bunch of medals to prove it, she maybe the highest achieving player at the club that a side what a servant to the club, she just always wanted to play and on her day she is the best, 2 Scottish Cup wins, U16's and 17's Internationalist domestic treble winner and twice double winner. Kim travels to C&N in Tennessee to a top 100 side and we have no doubt that her skill, craft and striking ability will leave the Yanks mesmerised, who can forget her 1st Scotland goal from 40yds, the wonder strike to get us back in the 2015 League Cup final and to the recent volley from the edge of the box v Motherwell which we have no doubt be a nominee for goal of the season in her absence.

Of course USA isn't forever and when the girls come back to Scotland and we hope, maybe expect, that the girls will pull on the Central Cyan again. We salute you all never forget Central and hold onto our logo imagine, believe, achieve you have made us proud over the years and as you turn the page into the next chapter of your football journey don't look back too often but keep us in your heart and minds.

Girls we will miss you all, we are all tremendously proud of what you have achieved with us and with a tear in our eye we wish you every future success in your American adventure...



Central Girls Football Academy SWPL 2 - Squad Statistics

Squad Number	Name	Appear	Goals
1	Sarah King	14	0
2	Zoe Young	15	1
3	Sophie Mauriello	6	0
5	Shaney McCabe	15	0
7	Ellie Kane	15	5
11	Monica Anderson	15	2
4	Megan Gallagher	10	1
10	Chelsea McEachran	14	4
6	Kim McAlpine	15	6
15	Naomi Welch	12	8
9	Morgan Cross	12	4
8	Abby Callaghan	13	5
U17	Abbie Meike	1	0
U15	Katie Andrews	1	0
16	Jade Lockie	14	2
U15	Eva Grey	1	0
18	Emma McMurdo	4	0
14	Emma Gullan	2	0
12	Katia McKenna	1	0
U17	Jessica Campbell	1	0
U17	Niamh Scott	6	1
U15	Kate Nicholson	3	2
U17	Cerys Gilbride	1	0

Honours	League Championships	Scottish Cup	League Cup
2017	SWFL Div 1 U15's Regional	U17's 1/2 final	U15's winners
2016	U17's League U13's League	U17's 2nd	U13's winners U17's 2nd
2015	SWFL Div 2 U15's Performance & U13's Performance	U15's Winners	U15's winners U13's winners

Sponsoring Central Football Academy 2018

As an independent club we constantly look for financial support to help run the club and meet our commitments, since promotion to the SWPL our costs have increased and we are appealing for your support.

If you feel that you can help, or maybe your work company please contact us, details on the back page.

We have produced a brochure which outlines different ways you can support the club with small or large donations.

Text

'Sponsorship Brochure' to 07757691202 with an email address and we will send a copy out.

Thanks in anticipation...



Central Summer Football Camp

in partnership with Clyde FC. The Camp will take place from the 23rd July to the 27th July, based in Cumbernauld we will run a mini bus to and from Falkirk Stadium to the venue. Dibs will join the Clyde coaches for the duration of the camp. Interested call or email Mark (see back page) and we will be in contact with details. Times 9:30am pick up—3:15/30pm drop off Snacks included (bring drinks for throughout the day) Certificate of Participation for all attendees.



Central News

Central Girls 13's were the latest side to report good news with a 1/2 final place in the League Cup after a 3-2 win over Falkirk FC the League Cup semi finals are due to be played on the 25th August after the summer break, the Legends will hope to join them when they face Clydebank in their 1/4 final, however they'll need to wait until 18th Aug as they were participating in the Skem/Liverpool Cup. Although Skem was a 9 a side competition the girls played well, winning the group stage however losing a tight semi final 1-0 to the only goal they conceded on the day, disappointing but attract football on show and just not that piece of luck that you need at key times... the 9's Jaguars were even closer losing out in the final to penalties in an agonising conclusion the girls were far apart from the competition and will share the Legends disappointment, however a good weekend was had by all.

The Scottish Cup 1/4 final stage sees only one Central side remain, the Legends now face a travel north to Aberdeen to face Dons Girls, a wait until 9th September for this tie.

League wise the seniors sit in 7th position, the SWFL side lose of points have put them in 7th place (reasons well documented in the v Aberdeen programme), the 15's Academy are sitting in 4th position going into the break in the NPL league. The youth sides all play in a pre-summer league set up, with final position deciding which league they will be placed in, the top 2 are moved into the age Performance League. The 15's C are position 6th as are the 13's they will stay regional, with the Legends and the Futures playing in the same league it's down to the Futures to fend off Milton on Monday to secure 2nd spot, with the league already in the Legends hands they will head to the Performance League, their unbeaten



league run of 13 wins will be completed when they face the Futures in the next few days.



The 11's and 9's both play non-competitive games, no results are recorded however they have played fantastically well and we are well placed to see another group of talented girls working their way through our development programme and will now doubt have a bright future with Central.

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Centralfootballacademy.co.uk



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