

## Central Girls Academy Matchday Programme

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St Johnstone 1—3 Central Girls

Kim McAlpine 2, Abby Callaghan

Central picked up 3pts in a tough encounter against the Saints, after a nery start the girls settled and when a free kick was scored from the edge of the box see pic below, it was to be the first of 3 scored before half time.

The second half saw a resilient defence keep the Perth side at bay. A positive display and result got the SWPL campaign off to the best start.

Ellie in action picture courtesy of Stewart Conper (StJohnstone)



imagine... believe... achieve

## PLAYER SPOTLIGHT

Name:

Kim McAlpine

Position:

Midfield

Joined: 2014

Shirt: 6

**Honours:**

Scottish Cup 2013 (Falkirk) & 2015

League Championships

2015/2016/2017

League Cup 2014 & 15

**International Caps at:**

Scotland U16 & U17 (14 Caps 1 goal)

**About the player:**

Kim's technical ability is without doubt is superb, her goal scoring is excellent, free kicks, long range efforts they would normally fall into the 'wonder goal' category. 2 League goals, her 1st was the clubs first in the Premier League.

**Her teammates think:**

The loud one! Always singing and dancing good for a laugh and a player they're glad are on the same team as they'd hate to play against her.

**Song that describes her best:**

Sleep all day... Party all night  
by Sean Kingston

**Her Role Models:**

Sir Chris Hoy and Barack Obama



edition 1  
18th Feb 2018  
SWPL 2



### Inside the 'Centre'

- Kilmarnock today's visitors
- Our sponsors
- News from the Bootroom
- Stats, tables and standings
- Central Player Spotlight

Welcome to the first edition of our very own match day programme, called 'View from the Centre'.

We will bring facts, articles and information about our opponents and stuff happening at the Academy. Reviewing our match day one SWPL 2 league match, it was the game that couldn't come fast enough for us, after last season league title we felt ready for the challenge, of course it'll be one game at a time

and see where our challenge will be and how our season develops, however a opening day victory against St Johnstone was the perfect start, full credit to the players whose 3 goal blitz before half time left the Saints too much to do to stage a



comeback. Although too early to read anything too much into

the league standings reflect a strong win for the Dons against Glasgow which put them in top spot, Aberdeen who were relegated last season will look to bounce back up to SWPL 1, whereas the Glasgow side have challenged for the last 2 seasons they would be seen as a poor result. Motherwell have been the most active with new signings saw off today's visitors Kilmarnock in a close 2-1 defeat, all goals came from free kicks. Hearts and EUHV served up a 1-1 draw in the capital derby match.

## Today's Visitors — Kilmarnock

Today we welcome Kilmarnock in our first home game of the season.

Killie won their respective league (Division 1 South) to the SWPL2, likewise we won the North league to take full points today. Last week-end Killie faced Motherwell in the season opener however lost out in a close game, 2-1.

many games and over the years we have build up a strong friendship between us.

However that friendship will be put to the side for 90 minutes as both sides will look to take full points today. Last week-end Killie faced Motherwell in the season opener however lost out in a close game, 2-1.



The Kilmarnock squad:

Morgan Hunter, Aimie Doherty, Kim Murphy, Kirsten Rolph, Lauren McCulloch, Abby Robinson, Kirsty Munro, Claire Doherty, Colette Fleming, Nicole Telford, Chloe Ponton, Lauren Neil, Sarah Wardlaw, Lauren Steel, Lyn Jackson, Sara Paterson, Amy Burrows.

## from history makers to recent resurgence

Today's opponents:

Kilmarnock have a rich history in women's football, playing in the top flight for many years and lifting the Division 1 League title and Scottish Cup double in 2001/2.

Former players include Shelley

Kerr (Women's National Manager) and Pauline Hammill (U19's National Manager), those halocline days are a distant memory and today's resurgent side, who won promotion comfortably last season, will no doubt have aspirations of reaching the top level of Scottish women's football once again..



## Stats, facts and other football stuff

SWPL 2	P	W	D	L	For	Agnst	GD	PTS
Aberdeen	1	1	0	0	4	1	3	3
Central Girls FA	1	1	0	0	3	1	2	3
Motherwell FC	1	1	0	0	2	1	1	3
EUHV	1	0	1	0	1	1	0	1
Hearts	1	0	1	0	1	1	0	1
FC Kilmarnock	1	0	0	1	1	2	0	0
St Johnstone WFC	1	0	0	1	1	3	0	0
Glasgow Girls	1	0	0	1	1	4	0	0

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### ALL GOALSCORERS (league/cup with friendlies in brackets)

Kim McAlpine	2 (2)
Abby Callaghan	1
Morgan Cross	(2)
Naomi Welch	(2)
Ellie Kane	(2)
Monica Anderson	(2)
Kate Nicholson, Jade Lockie, Niamh Scott, Chelsea McEachran	(1) each



## Sponsors and Partners

Central would like to thank the following companies for their support of the club:

Fitzsimons Accountants  
Baberton Solutions, Alloa Football Club  
AeM Consultants and MSL (Scotland) Ltd  
We would like to invite any potential sponsors to pick up of 'Sponsorship Opportunities' brochure.  
If you would like to have an advert within the 'View from the Centre' get in contact with the secretary (see back)





## Central Girls Football Academy SWPL Fixtures season 2018

Date	Opponents ( <b>Bold home</b> )	Score		Scorers
		Opponents	Central	
28-Jan	Boroughmuir (F)	0	9	Morgan 2 Naomi 2 Kim Kate Monica Jade Ellie
4-Feb	Hearts Dev (F)	0	5	Ellie, Monica, Niamh, Chelsea Kim
11-Feb	St Johnstone	1	3	Kim 2 Abby
18-Feb	<b>FC Kilmarnock</b>			
11-Mar	Motherwell FC			
18-Mar	<b>EUHV</b>			
25-Mar	Stirling Uni (League Cup)			
15-Apr	Hearts			
22-Apr	<b>Glasgow Girls</b>			
06-May	<b>St Johnstone</b>			
09-May	FC Kilmarnock			
13-May	Aberdeen			
27-May	<b>Motherwell FC</b>			
03-Jun	EUHV			
20-Jun	<b>Aberdeen</b>			
24-Jun	<b>Hearts</b>			
05-Aug	Glasgow Girls			
19-Aug	St Johnstone			
26-Aug	<b>FC Kilmarnock</b>			
09-Sep	Motherwell FC			
23-Sep	<b>EUHV</b>			
30-Sep	Aberdeen			
21-Oct	Hearts			
28-Oct	<b>Glasgow Girls</b>			

# Inside the Bootroom

Inside the Bootroom will give an insight to behind the scenes at Central SWPL team with latest news and stories straight from the coaches and players themselves.

This edition will look at our new signings Monica Anderson and Abby Callaghan.



Monica plays midfield and known for her passing ability, which fits in well with the Central way. When Monica asked to train with us we felt that she was the perfect fit. Monica had played against us during her time at Glasgow City, both Scottish youth internationalist and Scottish Schools internationalist an impressive track record and someone we viewed as stand out player. After signing with us Monica played in our pre-season games scoring twice and played an important role in our win against St Johnstone last weekend. The loss of Kirstie McIntosh to Rangers meant that we needed a midfield replacement and with Monica we have more a more balanced team player and one that was ready for the SWPL challenge, Kirstie chose not to take on the Premier challenge with us after being an integral part of the squad for the last 3 seasons.

Abby Callaghan was a late signing from Celtic, the current u17's Scotland player links up with Naomi and Morgan as the national forward line. Central saw Abby make her debut in Perth and an impressive display was rounded off with a goal. Abby is technically excellent and her speed and movement will be a major asset.

Central are looking for additional signings, although under wraps for now we hope to reveal at least one signing before the end of the month.

Emma McMurdo is out dislocated shoulder, Sophie Morello suffered a groin strain against St Johnstone and will rest for today's game. Naomi Welch is expected to be fit for selection today after a hamstring injury. Megan Gallagher has the all clear after coming off early against the Saints as precautionary move.





## Central Girls Football Academy SWPL 2 - Squad Statistics

Today's	Name	Appearances	Goals
	Sarah King	3	0
	Zoe Young	3	0
	Sophie Morello	3	0
	Shaney McCabe	3	0
	Ellie Kane	3	2
	Monica Anderson	3	2
	Megan Gallagher	3	1
	Chelsea McEahran	3	1
	Kim McAlpine	3	4
	Naomi Welch	2	1
	Morgan Cross	2	2
	Abby Callaghan	1	1
	Jade Lockie	3	1
	Emma McMurdo	0	0
	Emma Gillon	1	0
	Jessica Campbell	0	0
	Kate Nicholson	1	1
	Naimh Scott	1	1
	Cerys Kilbride	1	0

Honours	League Championships	Scottish Cup	League Cup	Tournament wins
2017	SWFL Div 1 U15's Regional	U17's 1/2 final	U15's winners	17's Disney International Cup 12's Huddersfield Cup & 13's Ayr Cup
2016	U17's League U13's League	U17's 2nd	U13's winners U17's 2nd	New Balance Cup 1st U17's Glasgow Cup & AGES U17's & U16's
2015	SWFL Div 2 U15's Performance & U13's Performance	U15's Winners	U15's winners U13's winners	New Balance Cup 1st



Central Girls Football Academy have 9 teams including SWPL and SWFL adult sides. The youth section has a 15's team in the National Performance League, which features the top 9 sides in country. The 15's also have a Regional side, at 13's we have 3 sides with another 2 at 11's and 9's age groups. The leagues for the youths are due to start by the end of the February. Pre-season has seen all the sides showing some good form, the Academy Performance 15's have played fellow Performance sides Kilmarnock, Hibs and Hearts with wins in each, they'll hope to continue that form into the league proper. The Regional 15's have had a mixed pre-season but a good win over Accies showed promise. The 13's have done well with a single defeat at Forfar between them, the up and coming Gartcairn Tournament will be the final preparation before the league starts. The 11's and 9's play regular non-competitive games however a fantastic group of talented girls.



The Academy were awarded the SFA Quality Mark Community Level, the 2nd highest club award avail-



able of course work is under way to reach the Legacy Level, the top award. The Community Level award ensures that club have policies and procedures in place to expand and deliver football in a safe environment to all players of all ability and available to all. A mention to all at the club, players, coaches and volunteers without who the achievement of the QM award would not be possible, a special mention to Courteney who compiled all the evidence and paperwork for presentation to the QM Committee.

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**Social Media is plentiful at Central with each listed here, feel free to log on download and get our name out there. We also have a Wiki page Central Girls Football Academy, we didn't generate it ourselves (just appeared) but if you'd like to contribute as an editor say something nice...**



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